

### Why Volunteer?

- Use your expertise for the benefit of needy children.
- Learn new skills.
- Make new friends.
- Stay active in retirement.
- Fill in time between jobs.
- Enhance your CV.
- Gain some experience after leaving school or college.
- Do something useful with college holiday time.
- Some companies give paid time off for charity work—it's part of your personal and career development.
- Keep your working skills up to date while the children are at school.
- If you have no formal qualifications already, gain an NVQ.



**Make a difference to some of the poorest children on earth — volunteer.**



*Help all these children,  
and more....*



*Many charities would grind to a halt without the dedication of people who freely give their time, and Feed The Children UK® is no exception. Volunteers are young or young-retired, male or female, with all kinds of work experience and skills.*

*Whether between jobs, caring for school-aged children, retired, or simply wishing to help others, there is an opportunity at Feed The Children UK® that fits the time you can give, and the skills you can offer.*

*You might even be able to gain an NVQ qualification from volunteering.*

**... join the FTC volunteers.**



## Who Volunteers?



June supports Feed The Children's fundraising efforts by organising a variety of stalls at summer events. To join one of our friendly fundraising teams, please call or email for more information.

Jean and Gwen have been volunteers with FTC for many years. They support our administration team at Twyford, and help keep our accounts in order, by preparing donations for banking.



John and Martin help our operations manager load the aid lorries; they have helped dispatched life-saving goods to places like Uganda, Liberia, Angola, Jordan and Moldova.

Jill and Janet at Twyford (right), and Diane and Christine (below, with Bristol manager Sarah Connabeer) make sure only the right goods are dispatched overseas.



- Other voluntary opportunities:
- Help staff a Club AM breakfast club in an inner city school in Bristol or Birmingham.
- Join a team collecting cash for FTC outside a local supermarket or sports ground.

*If you have no formal qualifications already, you might be eligible to gain an NVQ in one of a wide range of work-based subjects, with FTC and Bracknell & Wokingham College. Please call us or email for further details.*

## About Feed The Children

Feed The Children concentrates on helping the innocent victims of the world's conflicts and disasters—the children. We have supported communities across the world, in places such as Uganda, Liberia, Kenya, Kosovo, Bangladesh, the region affected by the tsunami, and earthquake victims in Pakistan. We provide food and other essential items such as blankets and toiletries, that help people to cope until they can begin providing for themselves. We also supply educational materials, tools and seeds, so that communities can work towards self-sufficiency, and improve their own lives.

### Join Us

There are always vacancies for volunteers at Feed The Children. Most voluntary activity takes place during office hours, but we are always grateful for help with fundraising events, many of which take place at weekends or evenings.

For an informal discussion, please contact one of our Community Fundraisers, or complete and return the reply form to your nearest office.

Volunteers will be asked to supply two referees, and may be requested to complete a Criminal Records Bureau (CRB) check.

#### Head Office/Aid Supply Centre:

2 Tavistock Industrial Estate,  
Ruscombe, Berks RG10 9NJ  
Tel: 0118 932 0095

#### Regional Office/Centre:

90 Stokes Croft, Bristol BS1 3RJ  
Tel: 0117 9232 300

#### Regional Fundraiser: (Midlands)

Tel: 07984 631 947

#### Website:

[www.feedthechildren.org.uk](http://www.feedthechildren.org.uk)

Email: [info@feedthechildren.org.uk](mailto:info@feedthechildren.org.uk)

---

### I'm interested in voluntary work with Feed The Children—please contact me to discuss:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

(Please tick the areas you would be interested in)

- Fundraising—helping with events/collections
- Office—administration, marketing, etc
- Telephone research  Internet research
- Public speaking - children's groups
- Public speaking - adult groups
- Warehouse—sorting and packing (no lifting)
- Warehouse—loading and unloading (must be physically fit—some lifting involved)
- Staffing a breakfast club
- Other skills I can offer are: